Psychology Majors Newsletter

March 2021

Psychology Advising Office

- Everything you need to know about PBS Advising can be found here: https://www.pbs.umass.edu/undergraduate/remote-advising-psychological-and-brain-sciences

- Reminder: The last day to switch a course to P/F is 5/4. To learn more: https://www.umass.edu/registrar/passfail-grading-policy-spring-2021-semester

- Students must receive a *C* or better (or P for Fall/Spring 2020, Spring 2021) in Psych 100 to remain enrolled in Psych 240. Psych 240 to remain enrolled in Psych 241. Psych 100, 240 and 241 can NOT be taken concurrently.

- The College of Natural Sciences website is where you go for college level advising including, foreign language requirements, late add/drops, course withdrawal, academic suspensions. https://www.cns.umass.edu/advising/cns-undergraduate-advising-center

GET INVOLVED!

https://www.pbs.umass.edu/undergraduate/student-organizations

- PSI CHI: Psychology Honor Society/club
- NU RHO PSI: Neuroscience Honor Society/club
- DPC: Diversity and Psychology Club
- UMASS Neuroscience Club

STAY ENGAGED & HEALTHY

Virtual Student Life Page: https://www.umass.edu/studentlife/virtual-student-life

Coping/Mental Health resources: https://www.pbs.umass.edu/pbs/coping-during-covid-19

March 2021

Get Ready for Registration!

Registration for Fall classes begins Monday, April 5. Although you are not required to meet with an advisor before you register, we are happy to review your course selections with you. You can drop in our advising zoom room during ‘drop in hours’ or make an appointment with an advisor in Navigate. Please check SPIRE for your registration day/time before you sign up for classes. Please be sure to clear any HOLDS you have before registration begins!

The New IE—Integrative Experience for Psychology

Psych 494PI, a new 1-credit course entitled “Professional Development in Psychology”, in combination with a psych 391* seminar will now satisfy the IE requirement in Psychology; these courses do not need to be taken concurrently. The same 391* seminar can be used for BOTH the seminar requirement and the IE requirement! Check your ARR for your options, visit the remote advising website, or speak with an advisor for more information.

Interested in becoming a Peer Advisor in the Psychology Advising Office?

Peer advisors earn one credit spending 3 hours/week advising our majors on course selection, navigating SPIRE, and opportunities in the department. If you are interested in this great opportunity for Fall, 2021 apply by April 12 at: https://forms.gle/Fzd6qep8ELasFpw5

Become a Part of Our PBS SPACE Mentoring Program!

Want to learn more about campus, make some new friends, and become part of a great mentoring team? Apply to become either a mentee or a mentor. We meet every Monday from 4-5pm. Learn more and download an application on our website. To learn more and apply go to: https://www.pbs.umass.edu/undergraduate/peer-mentoring-program

Interested in Diversity Issues? ADRAP may be for you!

Would you like to learn about diversity in psychology in a year-long small seminar and gain hands-on experience? Advancing Diversity in Research and Practice (ADRAP) is a two-semester commitment that includes a seminar (M: 4:00-5:40pm) and practical experiences in the form of a research assistantship or internship. If you are interested, go to: https://www.pbs.umass.edu/diversity/advancing-diversity-research-and-practice-undergraduate-program

PBS is also excited to announce the Letter of Specialization in Diversity. This program will offer PBS majors the opportunity to earn this specialization by completing a number of approved courses which will cover a variety of topics in diversity. More information on courses and requirements will follow soon in an email to all majors.

Summer 2021 courses

If you want to take a course over the summer, you should sign up through UWW (enrollment begins March 15) Drop by our zoom room for full descriptions of psychology courses offered or look on https://www.umass.edu/uww/.

We offer over 40 course offerings which include our standard courses and “hot topic” classes such as: Behavioral Addictions, Forensic Psychology, Drugs and Behavior, Human Stress and Emotion, Human Neuropsychology, and Counseling and Psychotherapies. Check out the course lists!

Taking Non-UMASS summer courses?

Be sure to submit a catalog description of Psychology courses to an advisor for evaluation and approval before you take a non-UMASS course.

March/April Workshops and Events

All Spring 2021 workshops are via zoom: https://umass-amherst.zoom.us/my/pbspeers

Making the most of your major: Opportunities for the psychology major - Tuesday, March 23, 4pm

Have you wondered about doing a research or teaching internship? Securing an internship? Joining a psychology club? Applying for the developmental disabilities program? During this workshop, Professor Tammy Rahhal will discuss these opportunities in the major and more! She will also review important degree requirements, and departmental resources that will enhance your major experience.

Internship Workshop—Wednesday, April 7, 5pm

Are you thinking of pursuing an internship during the summer or fall? Drs. Erik Cheries and Carolyn Davies (Internship Coordinators in PBS) will be hosting and Internship Q & A on Zoom to answer any of the questions you might have. In advance of the meeting, please watch a video overview of the internship process (https://www.pbs.umass.edu/events/internship-workshop) to learn about how to find an internship, register for course credit, and hear from two fellow Psych Majors about their own internship experiences. Then log into the Zoom room for a full discussion of any questions you have!

Graduating Seniors!!!!!

Apply to be the PBS student speaker during our commencement celebrations this spring. Although you are unsure of the format of the celebrations, we are sure we want to celebrate you! The student selected will record their brief speech (~140 words) and the speech will be posted on the CNS celebration website and the PBS celebration website! Click here to submit a sample chirp. https://forms.gle/avXU661p1CRCxBrKA

Submit your information no later than Friday, March 19 at 5pm.