Go to Navigate: https://umass.campus.eab.com/
Login using your NetID & Password

To connect with an Academic Advisor in Psych & Brain Sciences, make the following selections:

- Advising
- Explore how to Declare or Change my Major
  - Select one:
    - Psych – Declare General Psychology Major
    - Psych – Declare Neuroscience Track

Select the “location”: Psych & Brain Sciences*
*NOTE: All appointments are virtual and will not take place in an on-campus office. Please review the additional details to find the relevant information about this appointment.

Select your Academic Advisor or leave blank to see all appointment availability.

On the next screen you will see a calendar with appointment options.

- Select your date and time
- On the summary screen (before scheduling), there will be details for the appointment (i.e. phone number, zoom link, etc.). Make note of this information.
- After confirming the appointment, you will receive a confirmation email with the appointment details as well.

A few things to keep in mind:

- All appointments are 15 minutes.
- Student must schedule at least 24 hours in advance
- Students can schedule up to 28 days into the future