

*Curriculum Vitae*

**Ashley C. Woodman**

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**POSITIONS HELD**

- 2014-Present      University of Massachusetts Amherst  
Department of Psychological and Brain Sciences  
Director, Undergraduate Specialization in Developmental Disabilities and Human Services  
Lecturer, Psychological and Brain Sciences
- 2012-2014        University of Wisconsin-Madison  
Waisman Center  
Post-doctoral Fellow

**EDUCATION**

- 2007-2012        Boston College, Chestnut Hill, MA – Doctorate of Philosophy  
Applied Developmental and Educational Psychology  
Dissertation chair: Dr. Penny Hauser-Cram
- 2003-2006        McGill University, Montreal, Quebec, Canada – Bachelor of Arts  
Psychology (major), French language and literature (major), Anthropology (minor)  
Graduated with Great Distinction

**AWARDS & HONORS**

- 2017                Nominated for the Distinguished Teaching Award (finalist)
- 2017-2018        Massachusetts Society of Professors Research Support Award, University of Massachusetts Amherst
- 2017                Flex Grant for Teaching and Faculty Development, University of Massachusetts Amherst
- 2017                Continuing and Professional Education Course Development Fund, University of Massachusetts Amherst
- 2017                Civic Engagement and Service-Learning Faculty Fellowship, University of Massachusetts Amherst
- 2016-2017        Massachusetts Society of Professors Research Support Award, University of Massachusetts Amherst
- 2016                Nominated for the Distinguished Teaching Award
- 2016                Internationalization Grant, UMass Amherst International Programs Office
- 2016                Flex Grant for Teaching and Faculty Development, University of Massachusetts Amherst
- 2016                Massachusetts Society of Professors Research Support Award, University of Massachusetts Amherst
- 2015-2016        Student Centered Teaching and Learning Fellowship, University of Massachusetts Amherst
- 2015-2016        Massachusetts Society of Professors Research Support Award, University of Massachusetts Amherst
- 2015                Flex Grant for Teaching and Faculty Development, University of Massachusetts Amherst
- 2014                Open Education Initiative Grant, University of Massachusetts Amherst
- 2014                Theodore Tjossem Postdoctoral Award, Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities
- 2012                American Association on Intellectual and Developmental Disabilities Student Scholarship

- 2012 American Psychological Association Conference-Division 33, Best Student Paper  
 2012 American Psychological Association-Division 33 Graduate Student Award, Gatlinburg  
 Conference on Research and Theory in Intellectual and Developmental Disabilities  
 2011 Mental Health and Developmental Disabilities Research Fellowship, National Institute of  
 Mental Health  
 2011 Association of University Centers on Disabilities Annual Conference Trainee Travel  
 Scholarship  
 2010 David Zeaman Student Award, Gatlinburg Conference on Research and Theory in  
 Intellectual and Developmental Disabilities  
 2009-2010 Leadership Education in Neurodevelopmental and Related Disabilities Program Fellowship,  
 Boston Children's Hospital  
 2008-2009 Dean's Award, Boston College

## GRANTS AWARDED

- 2017 Developmental Science Initiative Seed Grant  
 "The Impact of Physical Activity on Well-Being for Adolescents with Autism  
 Spectrum Disorder" (\$12,000)  
 PIs: Ashley Woodman, Rebecca Spencer, Miriam Evans
- 2017 Blended Learning in the Humanities and Humanistic Social Sciences Grant: Phase Two  
 "Oral Histories of People with Disabilities and their Families" (\$10,000)  
 PI: Dr. Ashley Woodman
- 2016 Public Service Endowment Grant, University of Massachusetts Amherst  
 "Development and Implementation of a Respite Care Curriculum" (\$5,830)  
 PI: Dr. Ashley Woodman
- 2015-2016 Blended Learning in the Humanities and Humanistic Social Sciences Grant  
 "Exploration of the Impact of Disability on Families through Parent, Sibling and Grandparent  
 Narratives" (\$13,000)  
 PI: Dr. Ashley Woodman
- 2012 The Deborah Munroe Noonan Memorial Research Fund  
 "The Impact of Early Intervention on Developmental Pathways from Preschool to  
 Adulthood" (\$75,000)  
 PI: Dr. Lindsay Demers

## PEER-REVIEWED PUBLICATIONS

\*UMass students

- Woodman, A. C., Breviglia, E. \***, Mori, Y., Golden, R., Maina, J., & Wisniewski, H. \* (2018). [The effect of music on exercise intensity among children with autism spectrum disorder](#). *Journal of Clinical Medicine*, 7(3), 38.
- Woodman, A. C., Demers, L., Crossman, M. K., Warfield, M. E., & Hauser-Cram, P.** (2018). [The influence of part C early intervention dosage levels on growth in adaptive skills through adolescence](#). *Early Childhood Research Quarterly*, 43(2), 73-82. doi: 10.1016/j.ecresq.2018.01.007
- Gerstein, E. D., **Woodman, A. C.**, Burnson, C., Cheng, E. R. & Poehlmann-Tynan, J. (2017). [Trajectories of externalizing and internalizing behaviors in preterm children admitted to a neonatal intensive care unit](#). *Journal of Pediatrics*, 187, 111-118. doi: 10.1016/j.jpeds.2017.04.047

- Woodman, A. C.,** Mailick, M. R., & Greenberg, J. S. (2016). [Trajectories of internalizing and externalizing symptoms among adults with autism spectrum disorders](#). *Development and Psychopathology*, 28(2), 565-581. doi: 10.1017/S095457941500108X
- Woodman, A. C.,** Smith, L. E., Mailick, M. R., & Greenberg, J. S. (2016). [Contextual factors predict patterns of change in functioning over 10 years among adolescents and adults with autism spectrum disorders](#). *Journal of Autism and Developmental Disorders*, 46(1), 176-189. doi: 10.1007/s10803-015-2561-z
- Hauser-Cram, P., & **Woodman, A. C.** (2016). [Trajectories of internalizing and externalizing behavior problems in children with developmental disabilities](#). *Journal of Abnormal Child Psychology*, 44(4), 811-821. doi: 10.1007/s10802-015-0055-2
- Woodman, A. C.,** Mawdsley, H. P., & Hauser-Cram, P. (2015). [Parenting stress and child behavior problems within families of children with developmental disabilities: Transactional relations across 15 years](#). *Research in Developmental Disabilities*, 36, 264-276. doi: 10.1016/j.ridd.2014.10.011
- Woodman, A. C.,** Mailick, M. R., Anderson, K. A., & Esbensen, A. J. (2014). [Residential transitions among adults with intellectual disability across 20 years](#). *American Journal on Intellectual and Developmental Disabilities*, 119(6), 496-515. doi: 10.1352/1944-7558-119.6.496
- Hauser-Cram, P., **Woodman, A. C.,** & Heyman, M. (2014). [Early mastery motivation as a predictor of executive function in young adults with developmental disabilities](#). *American Journal on Intellectual and Developmental Disabilities*, 119(6), 536-551. doi: 10.1352/1944-7588-119.6.536
- Woodman, A. C.,** Smith, L. E., Greenberg, J. S., & Mailick, M. R. (2014). [Change in autism symptoms and maladaptive behaviors in adolescence and adulthood: The role of positive family processes](#). *Journal of Autism and Developmental Disorders* (online). doi: 10.1007/s10803-014-2199-2
- Woodman, A. C.** (2014). [Trajectories of stress among parents of children with disabilities: A dyadic analysis](#). *Family Relations*, 63(1), 39-54.
- Friedman, S., Helm, D. T., & **Woodman, A. C.** (2013). [End-of-life care policies and practices in pediatric skilled nursing facilities](#). *American Journal of Hospice and Palliative Medicine*.
- Woodman, A. C.,** & Hauser-Cram, P. (2013). [The role of coping strategies in predicting change in parenting efficacy and depressive symptoms among mothers of adolescents with developmental disabilities](#). *Journal of Intellectual Disability Research*, 57(6), 513-530. doi: 10.1111/j.1365-2788.2012.01555.x
- Friedman, S., Helm, D. T., & **Woodman, A. C.** (2012). [Unique and universal barriers: Hospice care for aging adults with intellectual disability](#). *American Journal on Intellectual and Developmental Disabilities*, 117(6), 509-532. doi: 10.1352/1944-7558-117.6.509
- Pechtel, P., **Woodman, A.,** & Lyons-Ruth, K. (2012). [Early maternal withdrawal and nonverbal childhood IQ as precursors for substance use disorder in young adulthood: Results of a 20-year prospective study](#). *International Journal of Cognitive Therapy*, 5(3), 316-329.

## BOOK CHAPTERS

- Hauser-Cram, P., Gilmore, L., & **Woodman, A. C.** (in press). Mother-child dyads. In J. Burack, J. Edgin, L. Abbeduto, & J. Busciglio (Eds.), *The Oxford Handbook of Down Syndrome and Development*. Oxford, UK: Oxford University Press.

Anderson, K. A., & **Woodman, A. C.** (2018). Supported living. In E. Braaten (Ed.), *The SAGE Encyclopedia of Intellectual and Developmental Disorders* (pp. 1616-1619). Thousand Oaks, CA: SAGE Publications, Inc.

**Woodman, A. C.**, Mailick, M. R., Greenberg, J. S., & Smith, L. E. (2016). Caregiving: Adults with developmental disabilities. In S. K. Whitbourne (Ed.), *Encyclopedia of Adulthood and Aging*. Hoboken, NJ: John Wiley & Sons, Inc.

Hauser-Cram, P., Cannarella, A., Tillinger, M., & **Woodman, A. C.** (2012). Disabilities and development. In R. M. Lerner, A. Easterbrooks, & J. Mistry (Eds.), *Handbook of Psychology, Vol. 6: Developmental Psychology* (pp. 547-570, 2nd ed.). Hoboken, NJ: John Wiley & Sons, Inc.

#### **CONFERENCE PRESENTATIONS: PAPERS**

Daley, S. G., Evans, M., Johnston, S. C., **Woodman, A. C.**, Robinson, K., & Gardner, G. L. (2016). *A hidden challenge to successful inquiry-based science: Stereotype threat's impact on middle school student collaboration*. Paper presented at the American Educational Research Association Conference, April 10, 2016, Washington, D.C.

Gerstein, E. D., **Woodman, A. C.**, Burnson, C., & Poehlmann-Tynan, P. (2015). *Behavioral trajectories of children born preterm*. Paper presented at the Society for Research on Child Development Conference, March 21, 2015, Philadelphia, PA.

Mawdsley, H. P., **Woodman, A. C.**, & Hauser-Cram, P. (2015). *Parenting stress and child behavior problems within families of children with developmental disabilities: Transactional relations*. Paper presented at the Society for Research on Child Development Conference, March 21, 2015, Philadelphia, PA.

Mailick, M., Maenner, M., Smith, L., Taylor, J. L., & **Woodman, A.** (2014). *Autism spectrum disorders: Adult Development and Contextual Influences*. Keynote address at the International Meeting for Autism Research, May 17, 2014, Atlanta, GA.

Tillinger, M., **Woodman, A. C.**, Heyman, M, & Hauser-Cram, P. (2013). *Views of family functioning among mothers and their adolescents with disabilities*. Paper presented at the Society for Research in Child Development Conference, April 18, 2013, Seattle, WA.

**Woodman, A. C.**, & Hauser-Cram, P. (2013). *Early childhood predictors of adaptive behavior development from infancy through young adulthood in children with developmental disabilities*. Paper presented at the 46<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, March 7, 2013, San Antonio, TX.

**Woodman, A. C.**, & Hauser-Cram, P. (2012). *Group trajectories of stress across 23 years of parenting a child with a developmental disability*. Paper presented at the American Psychological Association Conference, August 2, 2012, Orlando, FL.

Friedman, S., Helm, D., & **Woodman, A. C.** (2012). *End of life care policies for children with severe intellectual and developmental disabilities living in pediatric nursing facilities*. Paper presented at the American Association on Intellectual and Developmental Disabilities Conference, June 19, 2012, Charlotte, NC.

**Woodman, A. C.**, & Hauser-Cram, P. (2012). *Patterns of stress experienced by parents of children with developmental disabilities*. Paper presented at the Multidisciplinary PhD Research Development Day, March 16, 2012, Chestnut Hill, MA.

**Woodman, A. C.,** Tillinger, M., Reid, A., & Hauser-Cram, P. (2011). *The role of coping in predicting parenting stress among fathers of children with developmental disabilities*. Paper presented at the Graduate Education Association Research Forum, March 21, 2011, Chestnut Hill, MA.

Tillinger, M., **Woodman, A. C.,** Cannarella, A., & Hauser-Cram, P. (2011). *Perceptions of self and family among adolescents with developmental disabilities*. Paper presented at the Graduate Education Association Research Forum, March 21, 2011, Chestnut Hill, MA.

**Woodman, A. C.,** Tillinger, M., Reid, A., & Hauser-Cram, P. (2011). *Parenting stress among fathers of children with developmental disabilities: From early childhood through adolescence*. Paper presented at the Graduate Scholarship Symposium, March 15, 2011, Chestnut Hill, MA.

**Woodman, A. C.,** Cannarella, A., Tillinger, M., Reid, A., & Hauser-Cram, P. (2010). *The importance of marital quality in families with children with disabilities*. Paper presented in the Families and Children with DD: Perspective Across the Developmental Period symposium at the 43<sup>rd</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, March 17, 2010, Annapolis, MD.

## CONFERENCE PRESENTATIONS: POSTERS

\*UMass students

**Woodman, A. C.,** Evans, M., Golden, R., Maina, J., & Mori, Y. (2018). *The impact of vigorous exercise on behavior problems and academic engagement among adolescents with autism spectrum disorder*. Poster presented at the International Society for Autism Research Annual Meeting, May 11, 2018, Rotterdam, The Netherlands.

**Woodman, A. C.,** Breviglia, E. \*, Mori, Y., Golden, R., Maina, J., & Wisniewski, H. \* (2018). *The effect of music on exercise intensity among children with autism spectrum disorder*. Poster presented at the International Society for Autism Research Annual Meeting, May 11, 2018, Rotterdam, The Netherlands.

**Woodman, A. C.,** Smith, L. E., Mailick, M. R., & Greenberg, J. S. (2013). *Change in autism symptoms and behavior problems from adolescence to adulthood: The role of positive family processes*. Poster presented at the 47<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, March 7, 2013, Chicago, IL.

**Woodman, A. C.,** Mailick, M. R., & Greenberg, J. S. (2013). *Group-based trajectories of psychopathology in adults with autism*. Poster presented at the 46<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, March 6, 2013, San Antonio, TX.

**Woodman, A. C.** (2012). *The role of family resources and supports in predicting trajectories of stress among parents of children with developmental disabilities*. Poster presented at the American Association on Intellectual and Developmental Disabilities Conference, June 19, 2012, Charlotte, NC.

Heyman, M., Cannavina, M., **Woodman, A. C.,** McMullan, M., Cannarella, A., Tillinger, M., & Hauser-Cram, P. (2012). *Three magic wishes: Insight into the self-perceptions and goals of young adults with developmental disabilities*. Poster presented at the American Association on Intellectual and Developmental Disabilities Conference, June 19, 2012, Charlotte, NC.

Friedman, S., Helm, D. T., & **Woodman, A. C.** (2012). *Palliative care policies and practice for children with severe intellectual disability and special health care needs*. Poster presented at the Pediatric Academic Societies Annual Meeting, April 30, 2012, Boston, MA.

- Woodman, A. C., & Hauser-Cram, P. (2012).** *Group-based trajectories of parenting stress among mothers and fathers of children with developmental disabilities: From infancy through young adulthood.* Poster presented at the 45<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, March 8, 2012, Annapolis, MD.
- Heyman, M., **Woodman, A. C.,** Tillinger, M., Cannarella, A., & Hauser-Cram, P. (2012). *Predicting young adult executive function from maternal well-being.* Poster presented at the 45<sup>th</sup> Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, March 8, 2012, Annapolis, MD.
- Woodman, A. C.,** Tillinger, M., Reid, A., & Hauser-Cram, P. (2011). *Parenting stress among fathers of children with developmental disabilities: From early childhood through adolescence.* Poster presented at the Society for Research in Child Development Conference, April 1, 2011, Montreal, Quebec, Canada.
- Woodman, A. C.,** Tillinger, M., Cannarella, A., Hauser-Cram, P., Antonucci, R., Comstock, M., Jacobs, H.,...Rosenfeld, A. (2011). *Parental concerns about the sexuality of their adolescents with developmental disabilities.* Poster presented at the 44th Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, March 3, 2011, San Antonio, TX.
- Tillinger, M., **Woodman, A. C.,** Cannarella, A., & Hauser-Cram, P. (2011). *Perceptions of self and family among adolescents with developmental disabilities.* Poster presented at the 44th Annual Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, March 3, 2011, San Antonio, TX.
- Woodman, A. C.,** Cannarella, A., Tillinger, M., Reid, A., & Hauser-Cram, P. (2010). *Early mastery motivation as a predictor of executive function in young adults with developmental disabilities.* Poster presented at the American Association on Intellectual and Developmental Disabilities conference, June 9, 2010, Providence, RI.
- Woodman, A. C.,** Cannarella, A., Tillinger, M., Reid, A., & Hauser-Cram, P. (2010). *Early mastery motivation as a predictor of executive function in young adults with developmental disabilities.* Poster presented at the Graduate Education Association Research Forum, April 21, 2010, Chestnut Hill, MA.
- Woodman, A. C. & Hauser-Cram, P. (2009).** *Coping strategies among parents of children with developmental disabilities.* Poster presented at the American Psychological Association Conference, August 7, 2009, Toronto, ON, Canada.
- Woodman, A. C. & Hauser-Cram, P. (2009).** *Parents' desire for autonomy for their adolescents with developmental disabilities.* Poster presented at the American Psychological Association Conference, August 7, 2009, Toronto, ON, Canada.
- Woodman, A. C. & Hauser-Cram, P. (2009).** *Mothers' desire for autonomy for their adolescents with developmental disabilities.* Poster presented at the Society for Research on Child Development Conference, April 4, 2009, Denver, CO.

## TEACHING: COURSES

2017-Present	<i>International Perspectives on Disabilities</i> , University of Massachusetts Amherst
2016-Present	<i>Autism Spectrum Disorder</i> , University of Massachusetts Amherst
2014-Present	<i>Intellectual Disabilities: Concepts and Controversy</i> , University of Massachusetts Amherst
2014-Present	<i>Impact of Disabilities on Families</i> , University of Massachusetts Amherst
2015-2016	<i>Methods of Inquiry in Psychology</i> , University of Massachusetts Amherst
2012	<i>Family, School, and Society</i> , Boston College
2010-2011	<i>Research Methods and Analyses</i> , Boston College

## **TEACHING: INVITED LECTURES**

2018	Autism Speaks Club, University of Massachusetts Amherst “The Role of Positive Family Processes in Predicting Outcomes for Adolescents and Adults with Autism”
2018	BioTap “Developmental Disabilities”
2017	Parent Workshop, Boston Higashi School “Resilience in Families of Children with Disabilities”
2016	Family, School and Society, Boston College “Impact of Disabilities on Families”
2015	Professional development workshop, REACH Early Intervention Program “Parents of Children with Developmental Disabilities: Findings from the Early Intervention Collaborative Study”
2015	Family, School and Society, Boston College “Children with Disabilities and their Families”
2015	Advancing Diversity in Research and Practice, University of Massachusetts Amherst “Children with Developmental Disabilities and their Parents: The Importance of Family Processes”
2015	BioSci Club, University of Massachusetts Amherst “Individuals with Intellectual and Developmental Disabilities and their Parents: The Importance of Family Processes”
2015	Developmental Psychology Division, University of Massachusetts Amherst “Individuals with Intellectual and Developmental Disabilities and their Parents: The Importance of Family Processes”
2014	Autism Speaks Club, University of Massachusetts Amherst “Autism Spectrum Disorders: Adult Development and Contextual Influences”
2013	Leadership Education in Neurodevelopmental and Related Disabilities Program, University of Wisconsin-Madison “Families of Children with Developmental Disabilities: Research Findings from Early Childhood through Adolescence”
2013	Social Work Doctoral Student Seminar, University of Wisconsin-Madison “Introduction to Group Comparisons”
2013	Professional Developmental Series, University of Wisconsin-Madison “Modeling Developmental Trajectories: A Group-Based Approach”
2012	Leadership Education in Neurodevelopmental and Related Disabilities Program, University of Wisconsin-Madison “Trajectories of Parenting Stress among Mothers and Fathers of Children with Developmental Disabilities: From Early Childhood through Adolescence”
2011	Leadership Education in Neurodevelopmental and Related Disabilities Program, Children’s Hospital Boston “Interventions for Children with Disabilities”
2010	Advanced Practicum in Human Development, Boston College “Children with Disabilities: The Early Intervention Collaborative Study”
2010	Child Growth and Development, Boston College “Inclusion for Children with Developmental Disabilities”

## **ADVISING**

2014-Present	Academic and career advising for approximately 150 students in the Developmental Disabilities and Human Services (DDHS) program
2014-Present	Internship coordinator for approximately 30 students each semester

## **HONORS THESES**

2018-2019	Honors Thesis (Committee Chair), Katelyn Loring
2017-2018	Honors Thesis (Committee Chair), Caitlyn Wilson, "The Effect of a Gratitude Intervention on Young Adults with Intellectual Disability"
2016-2017	Honors Thesis (Committee Chair), Emily Breviglia, "The Effect of Music on Exercise Intensity among Youth with Autism Spectrum Disorder"
2016-2017	Honors Thesis (Committee Chair), Emily Starratt, "Early Intervention for High Risk Families"
2016	Honors Thesis (Committee Member), Casey Gavin, "How Maternal Speech During Infancy is Related to Children's Language Development"
2015	Honors Thesis (Committee Member), Rachel Rosen, "Do Infants Judge a Book by its Cover? Infants' Face-Based Social Evaluation"

## **INDEPENDENT STUDIES**

2018	Independent Study Honors, Carly Greenberg, "Respite Care for Families Raising Children with Disabilities"
2016	Independent Study Honors, Carly Greenberg "Alternative and Augmentative Communication: A Comprehensive Literature Review"
2016	Independent Study, Rey Mathiau, "The Intersectionality of Disability and LGBTQ Identities: An Analysis of Past and Present Realities and a Review of the Literature" Community"
2015	Independent Study, Taylor Farley, "Community and Political Organizing in the Disability
2015	Independent Study, Andrea Bishop, "The Effects of Prenatal Opiate Exposure: A Comprehensive Literature Review"

## **SERVICE: DEPARTMENT**

2014-Present	Developmental Disabilities and Human Services Steering Committee
2015-Present	Undergraduate Studies Committee
2016-2017	Communication Committee

## **SERVICE: UNIVERSITY**

2017	Faculty Advisor, Boltwood Club (Registered Student Organization)
2017	Member, Course Materials Affordability Working Group

## **SERVICE: COMMUNITY**

2015-Present	Advisory panel, CollegeSteps, Inc.
2016-Present	Board member, EdTogether, Inc.

## **ARTICLE EDITOR**

*SAGE Open*

## **AD-HOC REVIEWING**

*Pediatrics*  
*Child Development*  
*Developmental Psychology*  
*Intellectual and Developmental Disabilities*  
*Research in Developmental Disabilities*



*Parenting: Science and Practice*  
*American Journal on Intellectual and Developmental Disabilities*  
*Journal of Developmental and Physical Disabilities*  
*Early Childhood Research Quarterly*  
*Disability and Rehabilitation*  
*Society for Research on Child Development Biennial Meeting*  
*International Meeting for Autism Research*  
*Journal of Policy and Practice in Intellectual Disabilities*

## **CERTIFICATIONS**

American Red Cross Pediatric and Adult CPR/AED/First Aid Instructor  
Massachusetts Approach to Partnerships in Parenting (MAPP)